**New Glasses**  
  
Until I received my first pair of glasses that corrected my vision, I just didn't know. I had no idea that things were blurry. How could I know how much I was missing since I had nothing to compare it to.   
  
Spiritually, that same sense can come over us. Life situations that are unclear may seem that they will always be unclear and just part of life. But, what if God were to show you things about your life you never thought possible?  
  
Talking to those that have journeyed this life of faith and hit a road block, they will begin talking about fasting and praying. The key word that continually will come up during the fast is "clarity". They see and understand things that they didn't prior to their commitment to God for a time of fasting. God honors those times that we sacrifice something earthly to hear from Him. It is as if He gives up new glasses!    
  
When the optometrist placed the first pair of eye glasses on my nose, I looked around and saw things I had never seen clearly before. Have you hit a road block in your life? If so, commit to a time of fasting and praying. Watch as God places a new pair of glasses on your nose and brings those things into a clearer view.  
  
Read more about fasting in Matthew 6:16-18.  
  
If we have not met, I want you to know that I walked into this church 25 years ago with a 5 year old daughter and a 2 month old son in tow. This church embraced me but bigger than that the gospel and what God did in my life changed this ordinary girl forever! And I know He will do the same for you! He will! Enjoy church, the SPF ministry and this SPF newsletter. Allow yourself to get excited about what God has in store for you and your children.

**Holly Crain**  
**Single Parent Family Ministry Associate**  
Single Parent Family Ministry  
Houston’s First Baptist Church — The Loop  
[Holly.Crain@HoustonsFirst.org](mailto:Holly.Crain@HoustonsFirst.org)  
O: [713.957.7674](tel:(713)%20957-7674)  
C: [832-247-4787](tel:(832)%20247-4787)  
[HoustonsFirst.org](http://houstonsfirst.org/) ​