A picture containing yellow, sitting, table, holding

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By Kris Swiatocho, Director, The Singles Network Ministries

***Whether you are teaching singles in your Sanctuary, in Sunday school, a small group, at an event, on a mission trip or even by zoom (or other media service), the topic needs to be relatable so that singles of all backgrounds and life-stages can:***

1. **Draw closer to God**
2. **Become aware of what needs to change to become more like Christ.**
3. **Be able to take notes (avoid fill-in-the blank; allow people time to listen and take personal notes)**
4. **Be able to discuss the message/lesson if not immediate, soon after with a group or each other.**
5. **Include the steps of salvation if at all possible.**

**TEACHING TOPIC IDEAS:**

**PURPOSE**

* Salvation
* Having a quiet time
* Prayer life
* Spiritual gifts
* Walking with God
* Hearing from God
* Knowing God’s will
* Forgiveness
* Trust
* Dealing with the past/future
* Personal health/taking care of yourself

**DATING:**

* Should I date
* Should I only date if I think they are the one
* Baggage/dealing with past
* Trusting someone when you have been hurt or lied too
* Defining dating
* Becoming the right person first
* Accountability in Dating
* Boundaries
* Missionary dating
* Learning about the opposite sex
* How long should I date
* Is dating only for marriage
* What does the bible say about dating
* When to take things to the next level
* Engagement: Defining engagement including when you should get engaged, what it looks like, how long is healthy, accountability etc.
* Sex
* Attraction/same sex attraction concerns

**FRIENDSHIP:**

* Being friends with the opposite sex
* Being friends with the same sex
* How to start a friendship
* What to look for in friendships
* How to end a friendship
* Types of healthy friends
* When to ask for accountability in our friends
* Dealing with difficult friends
* Dealing with co-dependent friends
* When to date a friend
* How to fix a broken friendship

**DESCIPLING/MENTORING**

* When to Disciple
* What makes a great disciple
* What are ways to mentor
* Should I be mentored
* What are missions
* What is evangelism
* How to share your faith
* How to lead someone to Christ
* Should I become a leader, teacher, or missionary
* What makes a great leader?
* When and how should I serve

**SINGLE PARENTING:**

* How to raise kids alone
* Involving my kids other parent; grandparents
* Should I date?
* How do I date?
* Budgeting on a single parent income
* Raising kids to love Jesus
* Parenting tips
* Problem solving
* Helping kids when they are hurting

**DIVORCE:**

* Should I get a divorce?
* Biblical grounds for divorce, did I have that
* When can I start dating
* Separation is the same as being divorce, right
* How to have boundaries with my former spouse
* My In-laws are now my ex-laws; what do I do
* How to figure out my finances
* How to long does it take to heal
* Should I be in a singles group
* Should I take divorce care

**GRIEF/LOSS:**

* What is loss
* What is loneliness
* How long is too long to grieve
* Should I take my wedding ring off
* When should I get counseling
* When should I join Grief Share
* When should I involve my family in my grief
* What is depression?
* Is it ok for a Christian to get depressed and take meds

**FAMILY LIFE:**

* What does a healthy family look like
* How much time should I spend with my kids? With my parents siblings
* What is normal family conflict
* How much should I talk to my family about God and when
* How should I regulate TV/Computer/Phone with my kids
* Taking care of elderly parents
* Handling finances and budgeting

**FINANCES:**

* What is a budget
* How much should I be saving
* How do you invest? What does that look like
* How much should I tithe
* What is a will, power of attorney and do I need it?
* Do my family or friends know what my final wishes are
* Do I need a medical guardianship? A living will? And if so who should it be?