



He Said, She Said: How Can I Attract Someone My Own Age?
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EDITOR'S NOTE: He Said-She Said is a biweekly advice column for singles featuring a question from a Crosswalk.com reader with responses from a male and female point of view. If you've got a question about anything related to singleness or living the single life, please submit it to He Said-She Said (selected questions will be posted anonymously).

Note: Due to copyright restrictions, only Kris' answer is listed below. If you would like to see Cliff's answer, go to www.Crosswalk.com

QUESTION: I'm 30 years old and single, but all the guys who have wanted to be friends with me, or have proposed to move our relationship up to the next level, have been younger than me by at least a few years. I don't understand this cycle. How can I attract men my own age?

SHE SAID:

Thanks so much for your question. Maybe you are attracting these men at first because you look much younger. So even after dating, your age difference doesn't matter because they like you as you are? Another reason could be that you come across with confidence, self-assurance, or independence. These may be qualities younger men are looking for these days. If you have your stuff together, own a home, have a good job, are maturing in your faith...all of these could be things these younger guys are looking for in a woman their age. However, they aren't able to find it so they are attracted to you.

So how do you attract men closer to your age, or even a few years older? Well, I would first ask: where are you spending your time? If you are dating online, I simply would not respond to anyone under a certain age. If you are attending a small group at church, I would start attending a group that is older. I would seek out social groups where there are older men. Now realize upon doing some of these things you are now going to open the door to men in their 40's and older asking you out.

So what is the best solution? Simply pray and ask God what he wants. Maybe God wants you to be with a younger man. Age to me is simply a number. It's more about your life-stage. You might find a younger man to be at the same life-stage of maturity, goals, and vision of where God has him and where God is taking him. Trust God to bring to you who He wants versus who you want.

SHE is ... Kris Swiatocho, the President and Director of TheSinglesNetwork.org Ministries and FromHisHands.com Ministries. Kris has served in ministry in various capacities for the last 25 years.



An accomplished trainer and mentor, Kris has a heart to reach and grow leaders so they will in turn reach and grow others. She is the author of three books: *Singles and Relationships: A 31-Day Experiment* (co-authored with Dick Purnell of Single Life Resources); *From the Manger to the Cross: The Women in Jesus' Life*; and the most recent, *Jesus, Single Like Me with Study Questions* (includes a leader's guide and conference/retreat of the same name).

DISCLAIMER: We are not trained psychologists or licensed professionals. We're just average folk who understand what it's like to live the solo life in the twenty-first century. We believe that the Bible is our go-to guide for answers to all of life's questions, and it's where we'll go for guidance when responding to your questions. Also, it's important to note that we write our answers separately (we think they sound eerily similar sometimes, too!).

GOT A QUESTION? If you've got a question about anything related to singleness or living the single life, please submit it to hesaid-shesaid@crosswalk.com (selected questions will be posted anonymously). While we are unable to answer every inquiry, we do hope that this column will be an encouragement to you. [Click here](#) to visit the He Said-She Said archives.

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